

BOOKWALLAH THEORY OF CHANGE



HEAL

Safe, Inspiring Environments
Critical in Addressing Trauma



EMPOWER

Community Volunteers -Role Models
Social Integration & Inspiration



TRANSFORM

Storybooks
Change the Consciousness
to Recreate Life

HEAL

SHORT TERM OUTCOME (~<2 years)

Increased sense of physical safety

Increased ability to trust select individuals. Start of healthy relationships building with people in the immediate circle of interaction: volunteers, other children in the orphanage, caregivers

Formation of new positive memories due to exposure to positive influences / ideas / perspectives via stories

Increased exposure to the values (hope, empathy, perseverance, pro social conduct and behavior: being honest, helping each other etc.)

Better understanding of self : strengths and limitation

Improved ability to communicate clearly and listen well

Increased ability to identify and state

EMPOWER

MID TERM OUTCOMES (>2-4 years)

Increased sense of physical and emotional safety and peace

Increased ability to build and maintain a healthy relationship with people in the immediate and extended circle of interaction: volunteers, other children in the orphanage, caregivers, teachers, classmates

Increased ability to process information

"Demonstration of values (hope, empathy, perseverance, pro social conduct and behavior: being honest, not bully, helping each other etc.)

Increased feeling of hopefulness about one selves

Increased self acceptance

Increased self esteem + self confidence"

Increased ability to communicate their ideas and opinions (self expression)"

TRANSFORM

LONG TERM OUTCOMES (>4 years)

Safe to step out into the real world. Lower physical and mental health issues that are attributable to trauma

Improved social integration/ Increased demonstration of socially acceptable behavior

Positive future orientation (positive hopes and ambitions for self and others)

Reduced incidence of high -risk behavior

Making positive choices for themselves rather than being directed.

Increased ability to constructively and effectively address problems and challenges that they might come across

IMPACT OF STORYTELLING

PROVIDES OPPORTUNITY TO CHILDREN TO REWRITE THEIR STORIES

Healing through the power of imagination/medium to address sensitive issues

INCULCATING VALUES

Imparting life skills and lead to path of transformation

FOSTERING EMOTIONAL GROWTH - RESILIENCE AND EMPATHY

Promotes emotional and creative thinking

EMPOWER THROUGH IDENTIFICATION

Helps to express their trauma constructively

IMPACT OF BOOKWALLAH

